



Get Ready For Your

Howth Coastal Hike with HOWTH ADVENTURES





Howth Coastal Hike – Easy Guide

What Will Happen

- 🖐️ Meet your guide outside Bodega Coffee Shop at Howth Market.
- 🚶 You will walk **8 km** (about 3 hours).
- The first 4 km go uphill.
- The last 4 km go downhill.





What You Can Expect To Do

You will see:

- Howth Harbour
- St. Mary's Abbey
- Woodland paths
- The Ben of Howth (the highest point – great views!)
- The famous Cliff Path back to the harbour.
- Your guide will tell you stories about Howth along the way.





Where You Will Meet Your Guide

The meeting point is outside
Bodega Coffee Shop at Howth Market .

Outside the entrance to
Bodega Coffee Shop
Howth Market
Harbour Road Howth



FIND US ON GOOGLE



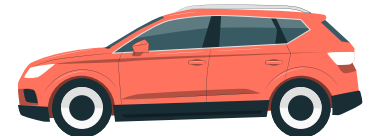


How To Get To Us



WALK / CYCLE

If you live nearby, bring a bike lock if cycling



CAR

Parking is available near the West Pier, but it can be busy.



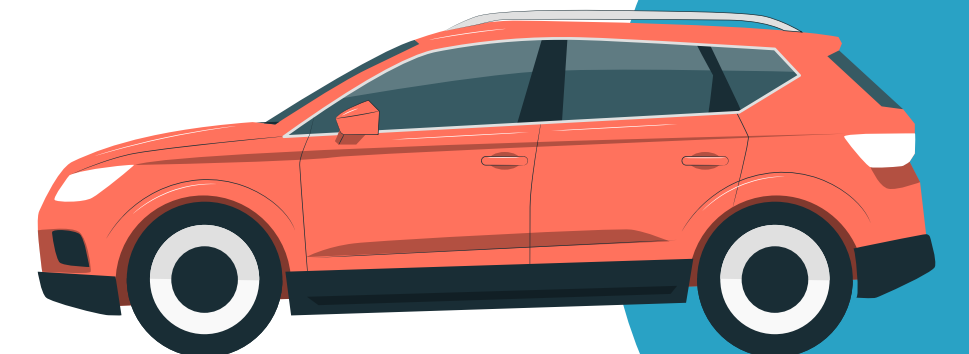
BUS

Take Bus H3 or 6 and get off at Howth Harbour stop.



TRAIN

Take the DART train to Howth Station, then walk 5 minutes to the pier.











Who Will Meet You

- Your Howth Adventures guide will be outside Bodega Coffee Shop. They will be holding a white Howth Adventures flag
- If you can't find them, **call Zack** at ☎ **+353 86 205 3453**.
- Guides are friendly and helpful — tell them if you need support.
- Please let them know if you need any assistance before or during the tour.





What To Bring

-  **Comfortable shoes (trainers or hiking shoes)**
-  **Warm clothes**
-  **Rain jacket**
-  **Hat and 🕶️ sunglasses**
-  **Water bottle**
-  **Sun cream** (put some on before and bring more with you)





How Long is the Coastal Hiking Tour

You can expect to be
hiking for 3 hrs





Who Can Come With Me

- If you are an **adult who needs help**, bring a trusted adult.
- If you are a **child**, come with your parent, guardian, or family member.
- Your supporter can **join the hike** or **meet you after**.



Toilets

Before and After

- Toilets are at the **entrance to the West Pier**, near Howth Station and Howth Market.
- It's a good idea to use them **before** the hike.

During

- There are **toilets at the Summit** (halfway point).





What If.....

...you feel tired or worried

- Tell your Howth Adventures guide right away.
- You can **leave the hike anytime** — your guide will help you.





Looking Forward to Meeting You

